



Youth
in Action

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Theatre for Young Europeans

Youth in Action Training Course

Tirana, Albania, January 23-31, 2014

Info Pack



Project summary and objectives

The training course “Theatre for Young Europeans“ is dedicated to the use of theatre methods in fostering European citizenship and inclusion with young people in Europe.

The objective of the project is to equip youth workers from EU and SEE countries with the basic theatre techniques and will focus on the theme of its applicability in working with people with various different abilities and/or fewer opportunities. In order to achieve such a goal, the training will end up in a public presentation, actively involving the local community (people with disabilities included) both in producing and experiencing the artistic outcome. We believe that this project will bring young people from various parts of Europe together to empower them as Young Europeans.

The objectives of our training are:

- Improve competencies of youth and social workers using creativity as a tool for inclusion
- Explore strategies for the multiplication of these techniques with the public they work and within their respective countries
- Establish further an informal network of organisations willing to use theatre for European education

While bringing together young people from all over Europe to work together on inclusion through art, this training meets several priorities of the Youth in Action Programme and engage the improvement of the European civil society.

This training is proposed as an important step towards its objectives of supporting each other in multiplying the good practice happening in its member organization in the field of applied theatre and non-formal education to grass roots communities and NGOs working with disadvantaged young people at risk of social exclusion.

The entire training course is based on non-formal education, specifically creative theatre methods. Workshops, warm-up exercises, improvisation theatre, trainee-led sessions, public presentations, community action planning and feedback methods constitute the core educational tools to be applied within the programme.

Working methods

The course will be based on non-formal learning methods, mostly drama/theatre methods as well as small group work, energizers and intercultural activities. Please note this is not an academic conference or a professional theatre course!

Participant profile

The course is open to youth workers, youth leaders and volunteers in youth organisations, aged 18-35, and interested in using theatre methods in youth work.

Project dates

23-31 January, 2014

The course programme will start on January 23 in the afternoon and finish in the morning of January 31.

Participants have to arrive in **TIRANA, ALBANIA** on January 23, before 3 PM.

Participants can depart at any time on January 31th.

Organisers will provide board and lodging between January 23-31 only.

What to bring/prepare before the course

- Food, drinks, snacks and anything that's representing your country/culture
- Original tickets, invoices, boarding passes etc. (see below)
- Warm clothes (see weather)
- Motivation to learn!

**Language**

The language of the training course will be English. Participants should be proficient in English and willing to communicate in English throughout the whole course duration.

The training will be hosted in TIRANA, in the hostel called: MY HOSTEL!

(<http://myhostel.al>)

**VENUE:**

Participants will be accommodated in Tirana, in a newly established youth hostel that is situated in Rruga (street) Don Mark Dushi in Don Bosko neighborhood. The Hostel is 17.9 Km from the Airport and only 2 Km from the city centre of Tirana. The public transport, Buss is 5 minutes walk from the Hostel and there is Taxi Service in the neighborhood also.

Find the two maps below to understand the location:

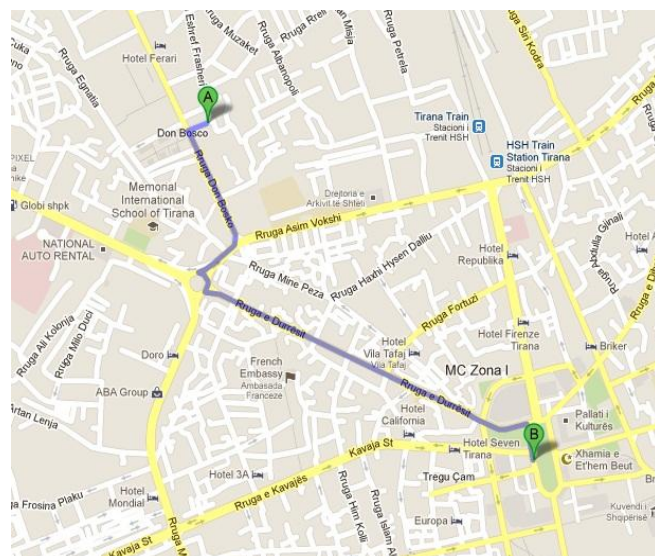
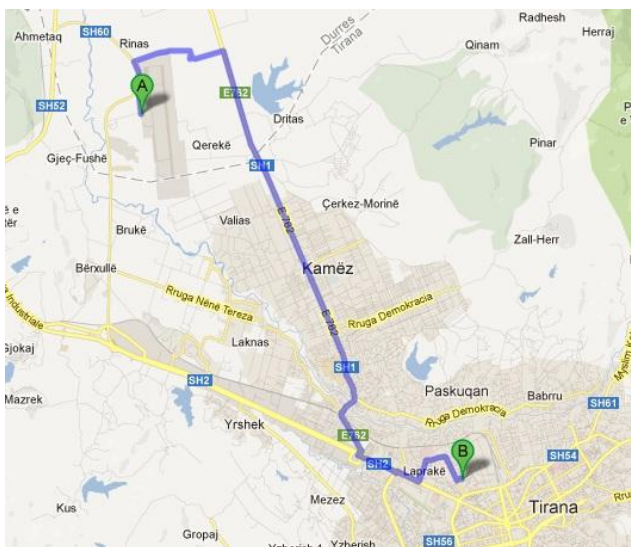


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1. Tirana Airport- Myl Hostel
2. My Hostel- Tirana Centre (Skanderbeg Square)



Info about your accommodation:

- ✓ Tirana is a nice city located in the middle west of Albania. It's 40 min. far away from the sea in Durres.
- ✓ The hotel is situated in the city district Don Bosco. By bus it takes ca.10 min. to the city centre.
- ✓ Be prepared to be accommodated with 2-3 people in rooms. The hostel is nice and has free wireless internet.
- ✓ The participants will be mixed nationalities in rooms in order to get to know and learn more about each other.
- ✓ Meals are served in the hostel.
- ✓ Our working room is near the hostel, 3-4 min away by walk.
- ✓ Beds linen are provided, **but you have to bring your own towels.**

Hostel website:

www.myhostel.al

more info about Tirana you can check: <http://www.inyourpocket.com/albania/tirana>

<http://www.albaniantourism.com/>



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About your trip to My Hostel in Tirana:

For participants coming by plane to Tirana airport, our volunteers will wait for you in airport and arrange the local transportation with your name written in paper.

For participants traveling by car or bus from Balkan countries we will for you wait in bus station.

! Note: Although participants can plan their travel individually and arrive earlier/depart later, the organisers can only commit to reimburse and organise board and lodging during the mentioned training days.

Regarding the prices in Albania:

- 1 euro = 140 leke (Albanian money) . You could bring euro with you and can change in Leke currency near to the hostel. There are exchange offices and banks in the city that are functioning till 21.00 o'clock in the evening.
- A beer costs 150 leke, a coffee 100 leke, a big pizza 500 leke, a coca-cola 150.

Travel costs

70% of participants' travel costs from their home city to Tirana, Albania will be reimbursed. According to the rules of YiA programme, and in order to comply with environmental standards, we kindly ask all participants to take the most environmentally friendly and cost effective alternative available.

! Note: Reimbursement of travel costs will only be done upon **presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes**. This means that once home after the training, participants will be asked to send the originals of all return documents and boarding passes. **Please remember to bring the original invoices** – there will be no reimbursement without the original invoices and tickets with indicated Names of travellers, description of the journey, indication of cost and currency and date of travel.

!! Note: Tickets/invoices in languages other than English have to be translated by participants (key info only: date, venue, route, issuing agent etc).



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!!! Note: Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated according to the exchange rate of the month when the grant agreement for this was signed (September 2013), as stated on the official European Commission web-site at <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

!!!! Note: Local transfers from Tirana Airport and bus station will be arranged by the course organisers. Participants will be asked to pay 30% of the local travel cost. The trip will not cost more than 15 EUR/person (one way).

!!!!!! Note: Please check Annex 1 for the travel budget limits at the end of this document. If travel costs exceed the amount budgeted in the project, the organisers will only be able to **reimburse participants 70% of the maximum travel costs** indicated in the travel budget. Participants are therefore strongly advised to book trip travel well in advance.

!!!!!! Note: Please **send copies** (scans) of all tickets and invoices and **email them to** info@youth4society.org before attending the training. This will be very helpful to organisers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.

! Please RESERVE the tickets, but DO NOT BUY them before consulting with the organisers.



Health insurance

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Albania can be high.

Annex 1

Participating countries and travel budgets

(please note that this includes local travel in your home country too!)

| Country | Price per person (100%) - 70% will be reimbursed |
|------------------------|---|
| United Kingdom | 450 EUR |
| Serbia | 250 EUR |
| Poland | 450 EUR |
| Croatia | 300 EUR |
| Kosovo | 30 EUR |
| Bosnia and Herzegovina | 250 EUR |
| Estonia | 450 EUR |
| Greece | 100 EUR |
| Montenegro | 50 EUR |



Contact

If need help with your travel booking or have any questions regarding the training course, please feel free to contact:

CONTACT PERSON AND E-MAIL

Eni Tresa - Coordinator

Email address: info@youth4society.org



Cel: 00355 68 20 47 932

How to apply

You are requested to use the standard **application form** that has been attached along with this document.

You are requested to write your application in English.

Before sending your e-mail please, remember name your filled application like this following example:

“COUNTRY_LAST NAME_FIRST NAME_TYE”

After naming your application as stated above,

Kindly submit your application to our project address:

info@youth4society.org

Please feel free to fill in the attached application form and send it to us before the

20/12/2013