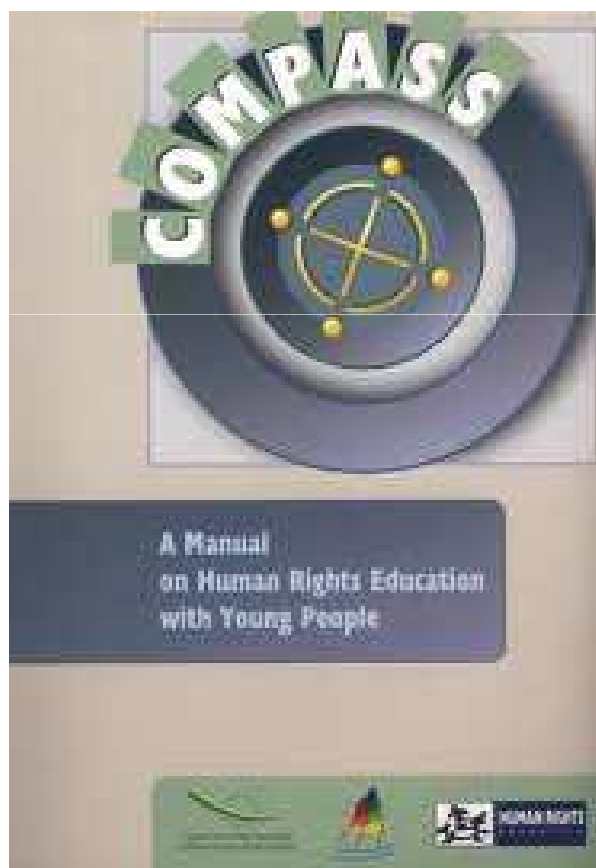


# Council of Europe's Compass Human Rights Education Programme

Wrocław, Poland, November 6-14, 2014



## Introduction

The main project activity is an nine-day training course on the Council of Europe's Human Rights Education Programme – Compass, and the Compass HRE Manual.

The course will held in **Wroclaw, Poland**, from **6th to 14th November 2014**, and involve 24 youth workers from 8 Programme countries.

The main project objectives are:

- Training participants in using the Compass HRE Manual
- Mainstreaming human rights education in European youth work
- Reviewing good practice in human rights education with young people in partner countries
- Developing participants' competences in human rights education
- Increasing the quality of future Erasmus+ projects
- Strengthening partnerships between partner organisations

The project will be based on non-formal learning methods, including small group work, team-building activities, multimedia presentations, role play and social theatre. It will draw on Council of Europe's educational resources, notably the Compass HRE Manual (2012 edition).

The project's main outcomes are: increased competences of participants in facilitating human rights education and the strengthened capacity of partner organisations.

## Partner Organisations

|  |  |
|--|--|
| • TDM2000 Polska - Poland                                    | • Human Rights & Equalities Charnwood - UK           |
| • Asociacija MEMOVE - Lithuania                              | • Associazione TDM 2000 - Italy                      |
| • Civilna, edukativna i transparentna platforma - Croatia    | • Centar za mejdunarodna mladejka deinost - Bulgaria |
| • Asocijacija za napredok, edukacija i lobiranje - Macedonia | • Together Romania Association - Romania             |

## Participant Profile

Each partner organisation should select 3 participants. The course is especially dedicated for youth workers, junior trainers, youth leaders, as well as persons interested in Human Rights Education.

Participants need to be aged over 18 years old.

**All participants need to complete the application form (attached) and e-mail it back to [contact@tdm2000.pl](mailto:contact@tdm2000.pl) by **October 5th 2014**.**

## The Venue

Project will be hosted in Angelus Silesius House. The house is located in the Wroclaw city centre, eleven-minute walk from main train station and main coach station, and sixteen-minute walk from the Market Square. You can easily get there with direct line from Wroclaw's airport (bus no 406). The most popular tourist attractions of Wroclaw are within the reach of a walking tour.

More information about the city is available at the [Wroclaw city tourist info-spot](#) or at the [Wrocław's Lonely Planet profile](#).



## Travel Costs

The organisers will reimburse your travel costs from your home city to Wroclaw, Poland.

Reimbursement of travel costs will only be done upon full attendance in the training programme and presentation of the original tickets with boarding passes and receipt/invoices.

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice and up to the level set by the European Commission based on the distance calculator:

[http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)

**!!! Note: If you plan to travel outside the official project dates you need TDM2000 Polska's approval first.** Please contact us at [contact@tdm2000.pl](mailto:contact@tdm2000.pl). Tickets for travel outside the official travel dates purchased without TDM2000 Polska's approval may not be reimbursed.

## Travelling to Poland

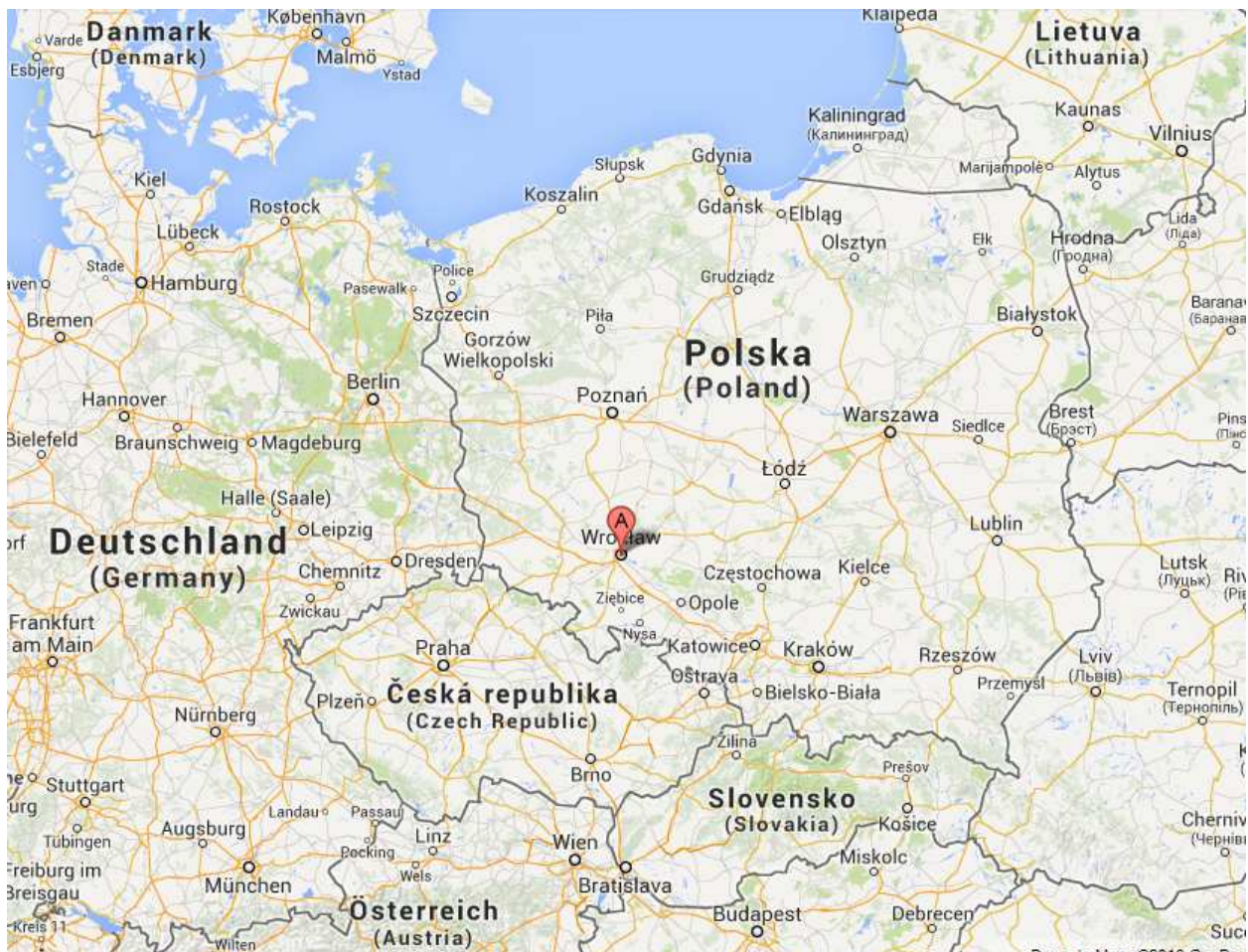
Wrocław is located in the south-western part of Poland and has many possible flight connections with other European cities (Wrocław [airport.wroclaw.pl/en/](http://airport.wroclaw.pl/en/)). Other suitable airports are Krakow (Kraków, [www.krakowairport.pl/en/](http://www.krakowairport.pl/en/)) or Warsaw (Warszawa, [www.lotnisko-chopina.pl/en/passenger](http://www.lotnisko-chopina.pl/en/passenger)).

It is possible to get to Wrocław by train (timetable here: [rozkład-pkp.pl/bin/query.exe/en?](http://rozkład-pkp.pl/bin/query.exe/en?)) or by coach (for example [www.polskibus.com/en](http://www.polskibus.com/en))

As the venue has is conveniently located in the city centre, it will be our meeting point.

Organisers cannot provide you with accomodation before or after the project, but we will be glad to provide you with any information or suggestion that may make your stay safe, comfortable and pleasant.

**In case any questions concerning travel options we will be happy to assist you. Please contact us by e-mail or by phone.**



## Travel Budget Limits

Please remember that there are travel cost limits within Erasmus+ Programme. As a rule the cheapest travel option should be chosen. Those limits are based on distance from place of the seat of sending organisation to the place of hosting organisation (Wroclaw, Poland). Below you can find an official Erasmus+ travel distance calculator:

[http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)

Maximum eligible travel cost, based on the distance calculator is as follows:

| Distance (KM) | EUR/participant |
|---------------|-----------------|
| 100 - 499     | 180             |
| 500 - 1999    | 275             |
| 2000 - 2999   | 360             |

## What You Need to Bring with You for Reimbursements of Travel Costs

- 1) **Return tickets** (e.g. from London to Wroclaw and back) – if you need any,
- 2) Photocopies of all of your tickets and boarding passes, especially if you fly with low-cost airlines, including the invoice (if you have one). If you've booked online, we need the FULL confirmation email of your booking, printed with the date and time the email was sent to you, containing e-mail subject and all e-mail addresses!!!

**Please note that we will not be reimbursing any tickets in advance. We will also not be doing any bank transfers after the project finishes. All reimbursements will be done in Euros, during the project.**

## What to bring

- Information materials about your organisation, photos or information about former projects and other things, which will help you to present your organisation.
- Some national drinks, snacks, brochures, music for the intercultural evening.

## Poland

National currency is Zloty (Polish Złoty, PLN). 1 EUR is approximately 4,35 PLN.

Weather in November is usually quite cold, temperatures may vary from 10 to -5 degrees with occasional heavy rain and strong wind possibility. Nights are cold, so please make sure to bring some warm clothes, gloves and hats.

Please check the weather forecasts in advance and be warned ;-)  
[Accuwaether.com](http://Accuwaether.com) ([Wrocław](#))

If you want to learn more about the country, please visit:

[www.poland.travel/en/](http://www.poland.travel/en/) - Poland's official travel website

or consult Lonely Planet at <http://www.lonelyplanet.com/poland>.

## Contact

In case of any questions concerning the project, your preparation or any other matters please do not hesitate to contact us at [contact@tdm2000.pl](mailto:contact@tdm2000.pl).

You can also contact Agnieszka Janik ([janik@tdm2000.pl](mailto:janik@tdm2000.pl), +48 506 579 215) or Kamila Fiałkowska ([fialkowska@tdm2000.pl](mailto:fialkowska@tdm2000.pl), +48 514 996 063).