

Generation of Youngsters Promoting Social Inclusion

Râmnicu Vâlcea – România
Mobility for Youth Workers

06 – 15 July 2017

Mobility for Youth

30 August – 09 September 2017

Romania, Bulgaria, Macedonia, Italy, Spain, Portugal, Turkey

Info Pack

If you are reading this info pack, it's quite possible you are one of the 32 youth workers or 56 youngsters preparing to take part in the project ***GYPsi - Generation of Youngsters Promoting Social Inclusion!*** In the name of the organizers, I greet you on the board of this adventure.

The overall objective of this project is to reach out to marginalized groups by involving 28 youth workers, 56 youngsters with fewer opportunities - ethnic minorities and migrants - and 14 leaders from 7 countries in creative activities based on arts and other peer-to-peer educational tools that will promote main European values as diversity, intercultural and inter-religious dialogue, freedom, tolerance and respect of human rights.

The project has 2 main activities that will take part in Ramnicu Valcea - Romania:

1. **a training course** - between 6-15 July 2017 - for 28 youth workers from 7 organizations (and 7 countries) in creative non-text methodologies based on drama and visual arts - to be used in non-formal education activities for young persons with fewer opportunities - especially migrants and minority groups
2. **a youth exchange** - between 30 August - 09 September - that will gather 56 young migrants and minority groups (and 14 leaders) from 7 countries, with a very different background that will work together for 9 days in a multicultural environment, to bring their contribution to sensitize both young and adult persons on promoting diversity, intercultural and inter-religious dialogue, common values of freedom, tolerance and respect of human rights.

All activities are drawn in order to reach the project overall and specific objectives, development – at participants' individual level – of key competencies and abilities that will contribute both to their personal self development and to raise their awareness on issues related to promoting diversity, intercultural and inter-religious dialogue, common values of freedom, tolerance and respect of human rights.

Location and other useful information

The project will take place in Romania, Râmnicu Vâlcea.

For the first activity - training course - the accommodation will be in a hotel close to Ramnicu Valcea centre.

The arrival date is 6th July 2017, first accommodation day. Departure day is 15th July. If you want to arrive a couple of days earlier or leave couple of days later, we can help you to look for accommodation, but we cannot cover any expenses from these days.

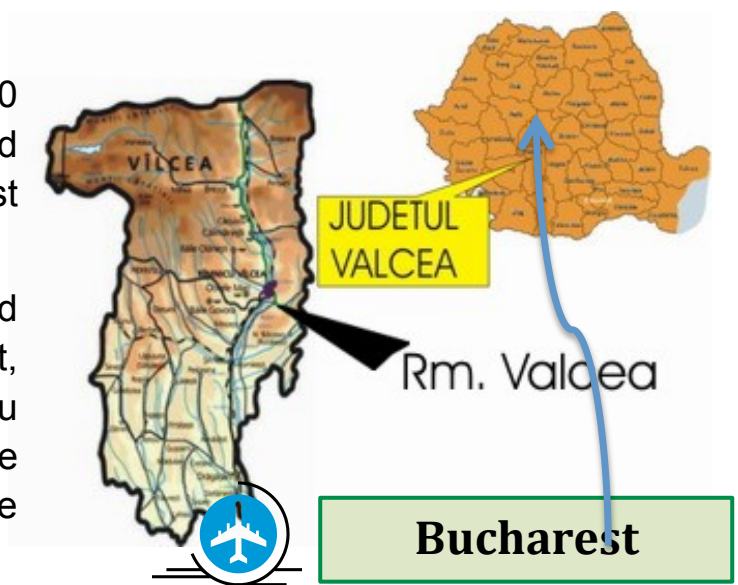
Participants will be accommodated in rooms with 2 or 3 beds, with private bathroom. There are bed linen and towels for each participant.

For the second activity the accommodation will be in a hostel or a guest house, we will send more information after the first activity ends.

How to get there?

The closest airport is Sibiu (100 km), Craiova (120 km) and Bucharest Otopeni - the biggest (about 200 km).

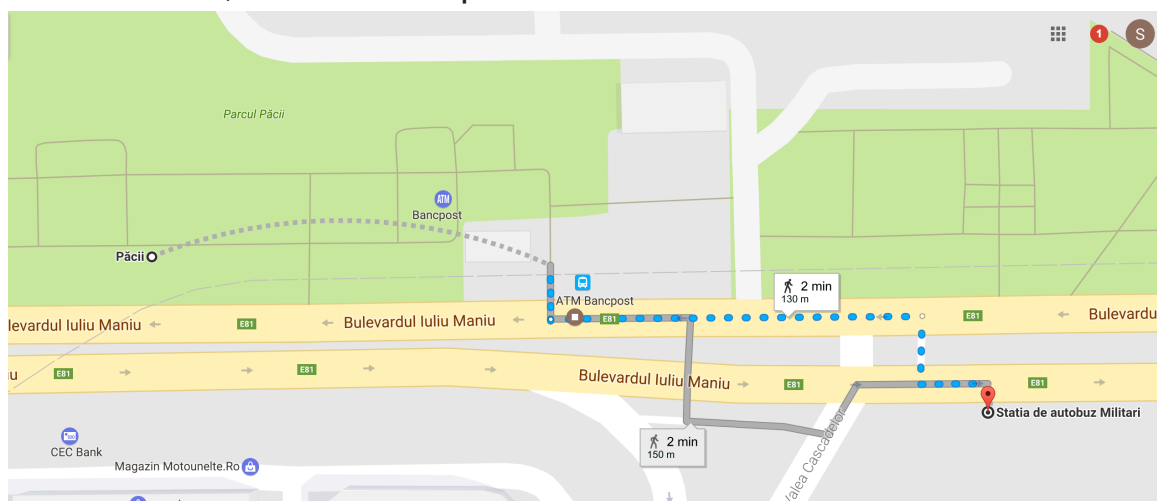
There are regularly buses and trains both from Bucharest, Craiova and Sibiu to Râmnicu Vâlcea, we will send you the schedule once we will have more information about your arrival.



From the Bucharest Otopeni Airport there are trains and busses to Bucharest Railway Station city centre. The best way to reach Ramnicu Valcea from the airport:

- Take the bus 780 from the airport to the Unirii station (more details here: <http://www.bucharestairports.ro/en/transport/bus>); bus schedule here: http://www.ratb.ro/pdf_statii/783/783_50.pdf The price is about 3-4 RON (less than 1 euro)/ticket

- Get down from the bus at "Piata Unirii 1" (one station before the last, is not a problem if you get down at the last station but you should walk more)
- From there you look for the metro station and take the metro to the station "Păcii" (red line, direction "Preciziei") - metro map here: http://www.metrorex.ro/Resurse/Harta/harta2016_apr.pdf For the metro you need to buy cards for 2, 5 or 10 travels (if you are more persons you may buy a card for 10 travels) The price is about
- Then cross the street and go to "Militari" bus station. It is about 2 minutes walk, there is a map below:



There are quite often buses, you may see the schedule here: <http://www.autogari.ro/course?pid=643&did=581&zi=2017-04-17&pas=2-0-0-0-0>

You should buy the tickets from the bus station. The price of a bus ticket is about 15 euro but you should have RON (Romanian currency). Once you are in the bus please send me a message on my phone - **0040744395817** - just with the estimated arrival time and the bus station where you will arrive (there are 2 main bus stations in Ramnicu Valcea) and somebody will wait for you in the buss station and bring you to the hotel.

We may also arrange your transport from (and to) the airport if we know your arrival/departure time. The price is about 1 euro/km for less than 8 persons, 1.5 euro/km for 9-18 persons and 2 euro/km for more than 18 persons (for example a minibus for 8 persons from Ramnicu Valcea to Bucharest is about 200 euro, the same price for one or for 8 persons, that's why we need to know exactly your arrival time)

General information about Romania and Râmnicu Vâlcea

Nicknamed the “Country of Count Dracula”, Romania is a Central and Oriental European country, member of the European Union since 2007. Stretching over 238,391 km², it has approximately 22 million inhabitants. The capital – and the biggest city – is Bucharest.

The climate is a continental one, with summers generally very warm to hot, and quite cold winter. During the Youth Exchange we wait for a warm to hot weather, with an average of 20⁰ C. We also expect for rain. So you should have comfortable clothes but don't forget umbrellas and raincoats.

Local currency is RON (Romanian Leu) – 1 Euro = 4.5 RON (more or less). It is not allowed to pay with euro in shops and markets, but in most of them you can pay with your bank cards.

For buying bus/train tickets in Romania you will have to exchange money in advance, as you can buy tickets with RON only. We don't recommend exchanging in the airport as the exchange rate is not very good. You may take RON from the cash machines, if you have proper cards. You also may find exchanges offices in the railway stations.

The Romanian legal framework doesn't allow

- smoking in public places (including restaurants, bars, pubs etc.)
- drinking in public places
- drug consume and trade

Valcea county is situated in the central-Southern part of Romania. Its surface is 2.4 percent of Romania, of which about a half is covered by forests and forestry flora. The Valcea county, bordered to the North by the Meridional Carpathians has all formations of relief: mountains up to 2,200 m above sea level, plateaus and hills, valleys which are proper for agriculture.

The County enjoys a varied geography, ranging from hills and mountains to valleys and plains, making it, in many respects a microcosm of the country as a whole. County's wealth also consists in healing water sources and natural wonders, whose presence encouraged development of spas.

The project

Participants:

Organization	Country	Nb. participants	
		Training Course	Youth Exchange
Asociatia Pro Xpert	Romania	4	8+2
SNC Akademiya na Uspeha	Bulgaria	4	8+2
CET platforma Skopje	Macedonia	4	8+2
GIOVANI PER L'EUROPA	Italy	4	8+2
KASIF GENCLIK VE SPOR KULUBU DERNEGI	Turkey	4	8+2
Asociación las niñas del tul	Spain	4	8+2
Associação Sójovem das Saibreiras	Portugal	4	8+2

Financial rules:

As this is an Erasmus+ project, the financial conditions are as follows:

Accommodation& meals, support materials, promotional stuffs – 100% covered by the project. The food will be served 3 times daily. There will be vegetarian food and food with no pork meat (for whose need this) and also other types of food so everybody decides what to eat. Water, coffee and tea will be free of charge available during coffee breaks.

We cannot pay for extra meals or drinks you might need.

Transport cost: we could pay the following amounts (since this year there is the same amount both for mobilities for youth workers and mobilities for youth)

Organization/Country	Transport cost covered/person
SNC Akademiya na Uspeha	180
CET platforma Skopje	275
GIOVANI PER L'EUROPA	275
KASIF GENCLIK VE SPOR KULUBU DERNEGI	275
Asociación las niñas del tul	360
Associação Sójovem das Saibreiras	360

What do you need to do

Before the training course (first activity), at the level of each partner organization, selected participants should prepare support materials for the discussions and debates from the first days

- a desk research related to migrants and minorities issues in each country,
- different creative non-text methodologies experienced or just know etc.)
- a set of information and materials about their country in general (power-point presentations, movies, pictures, food and drinks, music and dances, folk costumes and other folk objects etc.) for presenting to other participants during their "official" day

It is very important to keep in mind that **after the training course each participant should organize one or more activities in which they will apply the methods learned at the course.** During these activities they will select - together with other staff members of their organizations - the 8 participants to the youth exchange.

So at least one participant (but preferably two) to the training course should come again as leader in the youth exchange.

Participants to the youth exchange should be all young persons with fewer opportunities, preferably migrants or minorities.

Agenda FOR THE TRAINING COURSE

Travelling day - 06.07.2017	
Evening	Welcome party
DAY 1 - 07.07.2017	
AM	Energizer
	Introduction of the participants
	Protection and safety training
	Fears and expectations, rules
PM	Presentation of the project in the context of Erasmus + Programme - goal, objectives and methodology; short presentation of protection&safety measures; Q&A session, discussions (120 min)
	Presentation of Youth Pass, "Mobility tool" and how to fill them
	Introduce and distribute "methodologies passport" for participants to keep track of the methodologies they will "visited" - different creative non-text methodologies based on drama techniques and visual arts.
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Romanian cultural evening
DAY 2 - 08.07.2017	
AM	Ice breakers and evaluation of previous day (30 min) - 3 WORD REVIEW exerciser
	Minorities and migrants issues in each partner's country - 5-10 minutes presentations by each partner organization, 60-90 minutes debate
	"Unfair tales" watching the 3 short movies created by UNICEF (https://www.unicef.org/emergencies/childrenonthemove/unfairytale/en) about refugee children.
	Brain storming - Creative non-text methods proper to be used in working with youth migrants, ethnic minorities and youngsters with low level of literacy
PM	Debate - examples of creative non-text methods based on different arts, used in participants' organizations - already experienced or at least watched by them
	Presentation "Drama games and their role in reaching out introvert personalities from ethnic minorities and migrants groups" (30 min. formal presentation, 30 min. Q&A session, 30 min. sharing experiences from each partner's organization and country). First stamp on the "methodologies passport"
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Bulgarian cultural evening
DAY 3 - 09.07.2017	
AM	Ice breakers and evaluation of previous day
	Presentation "Simulation games and how to use them in working with young marginalized persons from ethnic minorities and migrants groups" (30 min. formal presentation, 30 min. Q&A session, 30 min. sharing experiences from each partner's organization and country). Second stamp on the "methodologies passport"
	Exercises based on drama techniques - 4-5 working groups (30 min. preparation + 60 min development + 30 min debriefing)
PM	Visit to Colonie Nuci Gymnasium School - where they will prepare the lessons, meet the teachers, discuss about the lessons - (120 min) Participants will also organize

	some games with Roma students
	Simulation game - "Glocal" hotel
	Meditation&self reflection time (30 min)
	Dinner and Macedonian cultural evening
DAY 4 - 10.07.2017	
AM	Ice breakers and evaluation of previous day
	Presentation "Role plays and how to use them in working with young marginalized persons from ethnic minorities and migrants groups" (30 min. formal presentation, 30 min. Q&A session, 30 min. sharing experiences from each partner's organization and country). Third stamp on the "methodologies passport"
	Role play on immigration topics (attached sheet): 20 min. presentation, 60 min. working groups,
PM	Role play on immigration topics: 20 min. performance, 60 min. debriefing
	Presentation "Visual arts and how to use them in working with young marginalized persons from ethnic minorities and migrants groups" (30 min. formal presentation, 30 min. Q&A session, 30 min. sharing experiences from each partner's organization and country). Fourth stamp on the "methodologies passport"
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Turkish cultural evening
DAY 5 - 11.07.2017	
AM	Ice breakers and evaluation of previous day - interim evaluation questionnaires
	Exercises based on drama techniques - 4-5 working groups (30 min. preparation + 60 min development + 30 min debriefing)
PM	Working groups - start to work at the plan for a multiday (3-4 days or more) non-formal education activity using creative non-text methods based on drama techniques and visual arts 4 groups:1. using drama for teenagers (under 18), 2. using visual arts for teenagers (under 18), 3. using drama for young parents with low level of literacy, 4. using visual arts for young parents with low level of literacy
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Italian cultural evening
DAY 6 - 12.07.2017	
AM	Ice breakers and evaluation of previous day - paperplanes (30 min)
	Creative workshop - using recycled material for making artistic objects - 120 min + 60 min debriefing (discussion about how to use junk-art in order to sensitize both large public on the topic of young migrants and ethnic minorities and young people themselves, as they use to feel like useless objects thrown in the trash bin)
	Working groups - continue to work at the plan for a multiday (3-4 days or more) non-formal education activity using creative non-text methods based on drama techniques and visual arts
PM	Meeting with a group of Roma young parents with low level of literacy, discuss about their lifes, develop some drama based exercises
	Working groups - continue to work at the plan for a multiday (3-4 days or more) non-formal education activity using creative non-text methods based on drama techniques and visual arts
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Spanish cultural evening

DAY 7 - 13.07.2017	
AM	Ice breakers and evaluation of previous day - "Happy Campers"
	Working groups - continue to work at the plan for a multiday (3-4 days or more) non-formal education activity using creative non-text methods based on drama techniques and visual arts
PM	Presentation of the 4 activity plans, discussions about them, make final correction
	Meditation&self reflection time, self evaluation of the learning objectives (30 min)
	Dinner and Portuguese cultural evening
DAY 8 - 14.07.2017	
AM	Ice breakers and evaluation of previous day - the dartboard exercise
	Practical work developed in Colonie Nuci Gymnasium School - non-formal education activity for 15-20 children (14 years old) using non-text creative methodologies based on drama tools
	Practical work developed in Colonie Nuci Gymnasium School - non-formal education activity for 15-20 children (14 years old) using non-text creative methodologies based on visual arts
PM	Practical work developed in Colonie Nuci Gymnasium School - non-formal education activity for 15-20 young parents with low level of literacy, using non-text creative methodologies based on drama tools
	Practical work developed in Colonie Nuci Gymnasium School - non-formal education activity for 15-20 young parents with low level of literacy, using non-text creative methodologies based on visual arts
	Meditation&self reflection time, self evaluation of the learning objectives filling the Youth Pass (60 min)
	Dinner and Europeanl cultural evening
DAY 9 - 15.07.2017	
AM	Ice breakers and final evaluation of the training course - evaluation questionnaires
	"My passport" - informal evaluation activity - each participant will present his/her "methodologies passport" and what is most important acquisitions from the training course;
	Festivity of giving certificates
	Administrative issues about the future Youth Exchange - Brainstorming session about possible risks related to participants' protection and safety - not only from physical point of view but regarding any kind of discomfort participants may feel
PM	Discuss about the methodology, brainstorming related to necessary resources for the activities and final performance of the youth exchange
	Departure of participants

Agenda FOR THE YOUTH exchange

Travelling day - 30.08.2017	
Evening	Welcome party
DAY 1 - 31.08.2017	
AM	Energizer
	Introduction of the participants
	Protection and safety training
	Fears and expectations, rules
PM	Press conference for launching the project (60 min)
	Undiscovered Romania - inedited aspects from Romania – presentation made by Romanian participants
	Presentation of the ERASMUS + Programme and Youth Pass certificate
	Presentation the project - aim, objectives, comparing with participants' expectations (30 min presentation, 60 min. Q&A session)
	Dinner and Romanian cultural evening
DAY 2 - 01.09.2017	
AM	Debriefing session with leaders
	Energizer
	Evaluation of previous day
	Undiscovered Portugal - inedited aspects from Portugalia – presentation made by Lithuanian participants
	Presenting the "houses" - we will post on the walls 6 flipchart papers, each of them will be a "house", respectively a working group for future activities and final performance: house of music, house of comedy, house of pantomime, house of clasic theatre, house of thriller and house of modern theatre. We will explain participants that they should select a house (taking care not to be more than 9 members in one) and create a 10 minutes performance for the final event. They will have 2 days to choose
PM	Debate about minorities status, and migrants in each partner's country - coordinated and moderated by Italian partner (90 min)
	Meditation&self reflection time (30 min)
	Dinner and Portuguese cultural evening
DAY 3 - 02.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)
	Undiscovered Bulgaria - inedited aspects from Bulgaria – presentation made by Bulgarian participants
	Creative workshop of junk art
PM	Visit to Theatre "Ariel", meeting with some local actors, discussion about the role of art - especially drama - in self development
	Ramnicu Valcea walking tour (120 min)
	Meditation&self reflection time (30 min)
	Dinner and Bulgarian cultural evening

DAY 4 - 03.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)
	Undiscovered Turkey - inedited aspects from Turkey – presentation made by Turkish participants
	Healing wheel-chairs game - on each of the five working groups
PM	The Color Groups game
	Start working to the performance - brainstorming in working groups - for selecting the topic of the screenplay - the topic should be related to an unfair situation they lived - or know about - due to the status of migrant or ethnic minority
	Meditation&self reflection time (30 min)
	Dinner and Turkish cultural evening
DAY 5 - 04.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)
	Undiscovered Bosnia&Hertegovina - inedited aspects from BIH – presentation made by BIH participants
	Undiscovered Macedonia - inedited aspects from Macedonia – presentation made by Macedonian participants
PM	Visit to Nicolae Balcescu Village, meeting with the Mayor and other public officialities that will introduce the local context, some facts about Roma minority and some social and cultural projects developed in this village (60 min)
	Filling interim evaluation questionnaires (45 min)
	Meditation&self reflection time (30 min)
	Dinner and Macedonian cultural evening
DAY 6 - 05.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)
	Undiscovered Spain - inedited aspects from Spain – presentation made by Spanish participants
	Exercise "One day in my Country"
PM	Working groups - develop the performance - create the roles, start to work to the screenplay, creating the scenography, workshop for the junk-art exhibition - 180 min.
	Meditation&self reflection time (30 min)
	Dinner and Spanish cultural evening
DAY 7 - 06.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)

	Undiscovered Italy - inedited aspects from Italy – presentation made by Italian participants
	Visit to Ocnele Mari Salt Mine - “Branga Branga Game” and debate on the “Unity in Diversity” slogan – starting from the different colours of layers of Salt on the walls of the Mine (120 min.)
PM	Working groups - develop the performance - rehearsal and workshop for the junk-art exhibition - 180 min.
	Euro Puzzle - a game aiming to build awareness about differences and similarities while finding overlaps and redefining the European identity when creating a new poster of Europe. (10 min. preparation, 30 min. game, 20 min debriefing)
	Meditation&self reflection time (30 min)
	Dinner and Italian cultural evening
DAY 8 - 07.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Evaluation of previous day (15-20 min)
	Working groups - develop the performance - rehearsal and workshop for the junk-art exhibition - 180 min.
PM	Working groups - develop the performance - rehearsal and workshop for the junk-art exhibition - 180 min.
	Eurobingo game - 60 min.
	Meditation&self reflection time (30 min)
	Dinner and European cultural evening
DAY 9 - 08.09.2017	
AM	Debriefing session with leaders (15-20 min)
	Energizer (5-10 min)
	Informal evaluation of the exchange (30 min)
	Final rehearsals for the performance
	Formal evaluation of the exchange (30 min)
PM	On place rehearsals for the performance, arrange the junk-art exhibition - that will be open at least two weeks after the youth exchange, having all visual elements in visible place
	Final performance at the Valcea County Council Festivity Hall, in front of over 300 persons - local officials, young volunteers and other representatives of local NGO, wide publics
	Meditation&self reflection time (30 min)
	Farewell dinner, festivity of giving certificates
Departure day - 09.09.2017	